Amendments to the Claims:

This listing of the claims will replace all prior versions, and listings, of claims in the application:

Listing of the Claims

- 1. (Currently Amended) A furniture or structural fitting eonsisting of comprising a first fitting part (+) and a second fitting part (2) connected to the former by means first fitting part by an elevation adjustment apparatus (4), such that on the first fitting part (+) a threaded spindle (\pm) is seated in two bearings (\pm , \pm) arranged at some a distance from one another, so as to be capable of rotation, but incapable of being repositioned axially, such that a threaded sleeve (\pm) that is connected to the second fitting part (\pm) is engaged with the threaded spindle (\pm) between the two bearings (\pm , \pm) so that its axial position may be adjusted, and the second fitting part (\pm), which exhibits the threaded sleeve (\pm), is guided \pm by means of a longitudinal guiding apparatus on the first fitting part (\pm), so as to be incapable of being rotated.
- 2. (Currently Amended) A furniture or structural fitting according to Claim 1, eharacterized in that wherein the longitudinal guiding apparatus exhibits includes at least one guide plate (12) that is rigidly connected to the second fitting part (2), which and is accommodated in a flat pocket (13), formed by the first fitting part (1) such that it's a position of the at least one guide plate may be shifted longitudinally.
- 3. (Currently Amended) A furniture or structural fitting according to Claim 2, characterized in that wherein the pocket (13) is formed between a central section (14) of the first fitting part (1) and a wall surface to which the first fitting part (1) is attached.

- 4. (Currently Amended) A furniture or structural fitting according to Claim 1, eharaeterized in that wherein the second fitting part (2) is connected, by way of a hinge (47) having a hinge axis that runs parallel to the axis of the threaded spindle (5), with an attachment plate (19), so as to be capable of rotating.
- 5. (Currently Amended) A furniture or structural fitting according to Claim 1, eharacterized in that wherein the threaded spindle (5) is axially supported at both ends in opposite directions on the allocated bearings (6, 7) in each case.
- 6. (Currently Amended) A furniture or structural fitting according to Claim 2, eharacterized in that wherein the threaded spindle (5) exhibits includes, at both ends, outside the individual bearing (6, 7) bearings in each case, a thickened head (10 or 9, respectively).
- (Currently Amended) A furniture or structural fitting according to Claim 3, characterized in that wherein one of the two heads (10) of the threaded spindle (5) exhibits a wrench projection profile.
- (Currently Amended) A furniture or structural fitting according to Claim 4, eharacterized in
 that wherein the wrench projection profile is one of an internal hexagonal profile, a cross-slit or
 and a transverse slit.